



Hemoccult Patient Collection Instructions

Stool Occult Blood Test

Your provider has ordered a Hemoccult test to check your stool for small amounts of blood that may not be visible. This test requires stool samples collected at home.

How to Collect the Sample

Supplies Provided

You should have:

- Hemoccult collection card or slide
- Wooden applicator sticks
- Collection tissue, hat, or clean dry container if provided
- Return bag

Step-by-Step Instructions

1. **Write your full name, date of birth, and collection date and time on the card** if not already labeled. If it is pre-labeled, make sure the date on the pre-labeled sticker matches the date of collection. Write in the time of collection.
2. **Have a bowel movement into a clean, dry container provided by the lab** - do not let the stool touch toilet water or urine.
3. **Open the front flap of the Hemoccult card.**
4. **Use one end of the applicator stick** to collect a small sample from one area of the stool.
5. **Apply a thin smear to Box A** on the card.
6. **Use the other end of the stick** to collect a second small sample from a different area of the same stool.
7. **Apply a thin smear to Box B** on the card.
8. **Close the card flap.** Do not reopen it.
9. **Throw the used stick in the trash.**
10. **Return to any MedLabs location during regular business hours, or to any UPC location, where it will be forwarded to MedLabs.**

After Collection

- Keep the card at room temperature.
- Do NOT open the back flap on the card - this is for lab use only.
- Keep the card away from heat, light, and chemicals.
- Do not refrigerate or freeze unless your lab tells you to.
- Return the completed card to the lab or provider's office as soon as possible, following your lab's return timeframe.

Important Reminders

- Do not overfill the boxes; only a thin smear is needed.
- Do not collect stool from the toilet water.
- Make sure all patient and collection date and time are accurate on the card, not doing so will cause a delay or sample rejection
- Call the lab or your provider if you are unsure whether the sample was collected correctly.